

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024



9:30 **Daily Chronicles** 1
 10:15 **Roll and Stroll**
 2:00 **Monthly Chronicles**
 6:30 **Cards (Scrabble/ Euchre/ Uno)**

9:30 **Daily Chronicles** 2
 10:00 **Communion Service**
 10:15 **Wacky Wednesday**
 3:00 **Cranium Crunches**
 6:30 **Foot Soaks**

Rosh Hashanah Begins

9:30 **Daily Chronicles** 3
 10:15 **Exercises**
 2:00 **Armchair Travel to Germany!**
 6:30 **Trivia**

9:30 **Daily Chronicles** 4
 10:00 **Bingo**
 3:00 **Pool Noodle Games**



9:30 **Coffee Social** 5
 3:00 **Drawing**
 6:30 **Stories**



9:15 **Church Service** 6
 3:00 **Afternoon Walks**
 6:30 **Sort the Stuff**



9:30 **Daily Chronicles** 7
 10:15 **Manicures**
 2:00 **Sing and Dance with Steve Cook!**
 6:30 **Bean Bag Toss**

9:30 **Daily Chronicles** 8
 10:15 **Roll and Stroll**
 2:00 **Word Searches**
 6:30 **Cards (Scrabble/ Euchre/ Uno)**

9:30 **Daily Chronicles** 9
 10:00 **Communion Service**
 10:15 **Wacky Wednesday**
 2:00 **Sing and Dance with Ron Allin!**
 6:30 **Foot Soaks**

9:30 **Daily Chronicles** 10
 10:15 **Exercises**
 1:30 **Oktoberfest Celebration!!**



6:30 **Trivia**

9:30 **Daily Chronicles** 11
 10:00 **Bingo**
 1:30 **Autumn Scenic Drive**



6:30 **Movie Night**

Yom Kippur Begins

9:30 **Coffee Social** 12
 3:00 **Drawing**
 6:30 **Stories**



9:15 **Church Service** 13
 3:00 **Afternoon Walks**
 6:30 **Sort the Stuff**



9:30 **Daily Chronicles** 14
 10:15 **Manicures**
 3:00 **Mind Joggers**
 6:30 **Bean Bag Toss**



Thanksgiving Day (Canada)
Indigenous Peoples' Day
Columbus Day (US)

9:30 **Daily Chronicles** 15
 10:15 **Roll and Stroll**
 2:00 **Craft Pumpkin Painting**
 6:30 **Cards (Scrabble/ Euchre/ Uno)**

9:30 **Daily Chronicles** 16
 10:00 **Communion Service**
 10:15 **Wacky Wednesday**
 2:00 **Sing and Dance with Randy Satchell!**
 6:30 **Foot Soaks**

Sukkot Begins

9:30 **Daily Chronicles** 17
 10:15 **Exercises**
 1:30 **Health Fair**



6:30 **Trivia**

9:30 **Daily Chronicles** 18
 10:00 **Bingo**



3:00 **Pool Noodle Games**
 6:30 **Movie Night**

9:30 **Coffee Social** 19



3:00 **Drawing**
 6:30 **Stories**

9:15 **Church Service** 20



3:00 **Afternoon Walks**
 6:30 **Sort the Stuff**

9:30 **Daily Chronicles** 21
 10:15 **Manicures**
 2:00 **Sing and Dance with The Irish Cowboys!**
 6:30 **Bean Bag Toss**

9:30 **Daily Chronicles** 22
 10:15 **Roll and Stroll**
 2:00 **Food Tasting!**



6:30 **Cards (Scrabble/ Euchre/ Uno)**

9:30 **Daily Chronicles** 23
 10:00 **Communion Service**
 10:15 **Wacky Wednesday**
 2:00 **Sing and Dance with Jimmy's Radio Show!**
 6:30 **Foot Soaks**

9:30 **Daily Chronicles** 24
 10:00 **Wuerth's Shoe Sale**
 10:15 **Exercises**
 2:00 **Monthly Birthday Party and Welcome Tea!**
 6:30 **Trivia**

Simchat Torah Begins

9:30 **Daily Chronicles** 25
 10:00 **Bingo**
 3:00 **Pool Noodle Games**
 6:30 **Movie Night**



9:30 **Coffee Social** 26
 3:00 **Drawing**
 6:30 **Stories**



9:15 **Church Service** 27
 3:00 **Afternoon Walks**
 6:30 **Sort the Stuff**



9:30 **Daily Chronicles** 28
 10:15 **Manicures**
 2:00 **Cardmaking with Harriet**
 6:30 **Bean Bag Toss**

9:30 **Daily Chronicles** 29
 10:15 **Roll and Stroll**
 2:00 **Monthly Chronicles**
 6:30 **Cards (Scrabble/ Euchre/ Uno)**

9:30 **Daily Chronicles** 30
 10:00 **Communion Service**
 10:15 **Wacky Wednesday**
 1:30 **Hallowe'en Party!!**



6:30 **Foot Soaks**

9:30 **Daily Chronicles** 31
 10:15 **Exercises**
 2:00 **Hallowe'en Games**
 6:30 **Trivia**



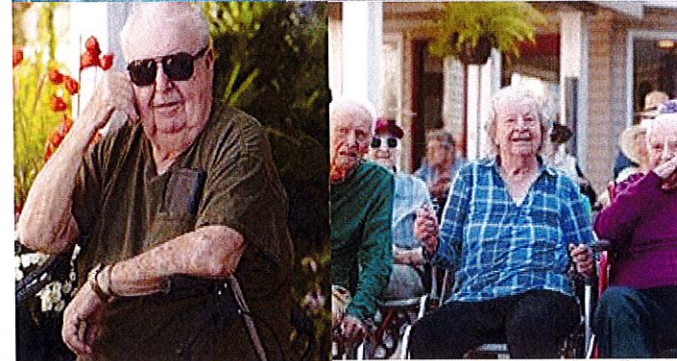
Halloween

MEMORY CARE UNIT



Calendar & Newsletter

Goderich Place | Melanie Nurse, Activity Manager | 519-524-4243 ext. 221 | activationgp@hurontel.on.ca



Mackay Centre for Seniors Programs

Craft Sale

- Saturday, October 19th 9:00-2:00
- Wellness Fair
- Tuesday, October 22nd 10:-4:00

10 Nelson Street
Goderich
519-524-6660

October Birthdays
Residents

- Noma October 1st
- Avice October 5th
- Barb J. October 12th
- Elke October 14th
- Eleanor W. October 19th
- John C. October 25th
- Mary E. October 27th

Staff

- Connor October 3rd
- Mikala October 4th
- Rachel October 5th
- Katie October 12th
- Emmanuel October 13th
- Dylan October 15th
- Kim October 17th
- Jessica October 19th
- Louise October 21st
- Sam October 21st
- Stacey October 25th
- Alina October 28th
- Liam October 31st



With cold and flu season fast approaching, please remember to frequently wash your hands especially before and after meals and when touching high touch areas (elevator buttons, handrails, and door knobs). Sanitize hands before entering the dining room. If you are feeling unwell, please let nursing staff know.

Celebrating October

Sing and Dance with Steve Cook!!
October 7th

Autumn Scenic Drive
October 8th

Sing and Dance with Ron Allin!!
October 9th

Oktoberfest Celebration
October 10th

Thanksgiving!!
October 14th

Sing and Dance Randy Satchell!!
October 16th

Health Fair
October 17th

Sing and Dance with The Irish Cowboys!!
October 21st

Sing and Dance with Jimmy's Old Time Radio Show!!
October 23rd

Wuerth's Shoe Sale!
October 24th

Hallowe'en Party!!
October 30th

Trick or Treat on the Square
October 31st

Happy Hallowe'en!!
October 31st

Welcome to October!!!

The leaves are starting to change colour and days are getting shorter. Enjoy the sunshine and blue skies while they last, there is still time to sit in the back garden or go for a stroll across to the park.

Our flu clinic will be in the first few weeks of October, we are waiting on confirmation from the Health Unit on when the vaccine will be available. We will post notices with dates and time. If you do get vaccine at your Dr. or pharmacy, please notify nursing staff.

To our family and friends visiting residents, please do not sit in the dining room to visit during mealtime. We appreciate you coming in to visit, but please do not do so during these times. Guests and families are welcome to book a table to eat with residents during mealtime, with advanced notice. Also, our residents do enjoy the treats that families bring in, but for health reasons, they must be pre-packaged (store bought). Thank you for your cooperation.

We are hosting a Health Fair on Thursday, October 17th, from 1:30-3:30. Residents as well as members of the community are all welcome to attend. Businesses, vendors and resources from the Goderich Area will be attending.

Entertainment for October will include; Steve Cook, Randy Satchell, The Irish Cowboys, Jimmy's Old Time Radio Show, and Ron Allin. We will also be celebrating Oktoberfest and Hallowe'en! Of course, we will be making treat bags for the little tricksters to hand out on the 31st.

If you will be away for any part of the Thanksgiving weekend, please let staff know, for both meals and meds.

We will be having our Holiday Bazaar on Friday, November 15th, from 10-2!!

Hope you all have a wonderful October, and very Happy Thanksgiving!

Melanie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>OCTOBER 2024</h1>		9:15 Exercises 1 10:00 Shopping – The Square 2:00 Monthly Chronicles and Trivia 6:30 Scrabble/Cribbage SOUND THERAPY	9:15 Exercises 2 10:00 Communion Service 10:00 Tuck Shop 1:30 Mystery Ice Cream Road Trip 6:00 Cards <small>Rosh Hashanah Begins</small>	9:15 Exercises 3 9:45 Ladies Group 2:00 Armchair Travel to Germany! 6:30 Tea Time in the Dining Room	9:15 Exercises 4 10:00 Men's Group 10:00 Free Bingo 2:00 Cranium Crunches 6:30 Adult Colouring	10:00 Coffee Group 5 10:30 Exercises  1:00 Afternoon Movie
10:00 Mind Joggers 6 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	9:15 Exercises 7 9:45 Knitting Group 2:00 Sing and Dance with Steve Cook! 6:30 Tea Time in the Dining Room	9:15 Exercises 8 10:00 Shopping – Walmart 1:30 Autumn Scenic Drive 6:30 Scrabble/Cribbage	9:15 Exercises 9 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Ron Allin! 6:00 Cards	9:15 Exercises 10 9:45 Ladies Group 1:30 Oktoberfest Celebration!! 6:30 Bingo!	9:15 Exercises 11 10:00 Men's Group 10:00 Free Bingo 2:00 Thanksgiving Word Games 6:30 Adult Colouring <small>Yom Kippur Begins</small>	10:00 Coffee Group 12 10:30 Exercises 1:00 Afternoon Movie 
10:00 Mind Joggers 13 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	9:15 Exercises 14 9:45 Knitting Group 2:00 Cards and Board Games 6:30 Tea Time in the Dining Room  <small>Thanks, Canada) Indigenous Peoples' Day Columbus Day (US)</small>	9:15 Exercises 15 10:00 Shopping – The Square 2:00 Craft Pumpkin Painting 6:30 Scrabble/Cribbage	9:15 Exercises 16 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Randy Satchell! 6:00 Cards <small>Sukkot Begins</small>	9:15 Exercises 17 9:45 Ladies Group 1:30 Health Fair 6:30 Tea Time in the Dining Room	9:15 Exercises 18 10:00 Men's Group 10:00 Free Bingo 2:00 "Bobbing for Apples" 6:30 Adult Colouring	10:00 Coffee Group 19  10:30 Exercises 1:00 Afternoon Movie
10:00 Mind Joggers 20 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	9:15 Exercises 21 9:45 Knitting Group 2:00 Sing and Dance with The Irish Cowboys! 6:30 Tea Time in the Dining Room	9:15 Exercises 22 10:00 Shopping – Walmart 2:00 Food Tasting! 6:30 Scrabble/Cribbage	9:15 Exercises 23 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Jimmy's Radio Show! 6:00 Cards	9:15 Exercises 24 9:45 Ladies Group 10:00 Quilt Tying 10:00 Wuerth's Shoe Sale 2:00 Monthly Birthday Party and Welcome Tea! 6:30 Bingo! <small>Simchat Torah Begins</small>	9:15 Exercises 25 10:00 Men's Group 10:00 Free Bingo 2:00 Junkdrawer Detective 6:30 Adult Colouring	10:00 Coffee Group 26 10:30 Exercises  1:00 Afternoon Movie
10:00 Mind Joggers 27 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	9:15 Exercises 28 9:45 Knitting Group 2:00 Cardmaking with Harriet 6:30 Tea Time in the Dining Room	9:15 Exercises 29 10:00 Shopping – The Square 2:00 Trick or Treat Bags! 6:30 Scrabble/Cribbage	9:15 Exercises 30 10:00 Communion Service 10:00 Tuck Shop 1:30 Hallowe'en Party!!  6:00 Cards	9:15 Exercises 31 10:00 Resident Meeting 2:00 Hallowe'en Trivia 3:00 Trick or Treaters on the Square 4:30 Trick or Treaters!!!  <small>Halloween</small>		